

Your Power Zone Reset Guide



YOUR POWER ZONE RESET GUIDE

A self-check for sales leaders & entrepreneurs who feel "off."

Dear Leader,

You're still performing. But it doesn't feel like you.

As a sales leader or entrepreneur, you're used to pushing through. You're hitting numbers, keeping things moving, and supporting your team.

But inside? Something has shifted.

You're tired before the week's even halfway through. You're making decisions, but second-guessing them. You're leading, but it doesn't feel like you anymore.

That's not burnout from weakness. That's friction from misalignment.

This guide is a fast, focused self-check. It helps you spot what's silently draining your clarity, confidence, and energy, before it slows your momentum.

Straightforward. Actionable. A clear reset to get you back in your Power Zone, so you can lead with traction, not tension.

A handwritten signature in a cursive script that reads "Pia".

Pia

Your Leadership Catalyst



Signs You're Leading Under Pressure, Not Power

These symptoms are common in high performers, but they're often brushed off as "just part of the job."

This isn't about doing less. It's about knowing when your leadership energy is out of sync.



Check all that apply:

- ☐ You're mentally checked out by Friday—even if the week looked "successful" on paper.
- ☐ You're delivering results, but feel overlooked, underpaid, or under-supported.
- ☐ You keep second-guessing your instincts, even though they've served you well in the past.
- ☐ You're carrying the load—and it's heavy. Delegation feels hard or unreliable.
- ☐ You're doing "everything right," but it still doesn't feel like enough.

If you checked 3 or more?
You're not underperforming.
You're operating outside your Power Zone.

Next up: Let's find where your energy is leaking.

What Your Power Zone Feels Like (and Why You're Out of it)

Your Power Zone is where your strengths, energy, and leadership instincts align. It's not about being perfect. It's about feeling clear, connected, and effective.

When you're IN your Power Zone...

- ☐ You make decisions without overthinking
- ☐ You lead from instinct, not pressure
- ☐ You feel clear, confident, and in control
- ☐ You get results—and it actually feels good
- ☐ You have energy left at the end of the day

When you're OUT of your Power Zone...

- ☐ You second-guess every move
- ☐ You rely on force instead of flow
- ☐ You lose energy in meetings, decisions, or conversations
- ☐ You show up, but it doesn't feel like you
- ☐ You're productive, but not powerful

It's not about working harder.
It's about working from a place that actually works for you.

Next: Let's find what's draining your energy.



What Reignites You?

Let's shift the focus.
Your edge isn't gone—it's buried under pressure, noise, and old habits.
Let's find your spark again.

Check all that apply:

- ☐ You feel energized when your day aligns with your strengths
- ☐ You think clearly when you have space to reflect, not just react
- ☐ You thrive when you're mentoring, strategizing, or building something new
- ☐ You feel like yourself when you're with the right people
- ☐ You get traction when your energy and leadership style are in sync.
- ☐ You create momentum when you're trusted to lead your way
- ☐ You come alive when you have clarity on what matters most
- ☐ You feel grounded when your values drive your decisions
- ☐ You're at your best when you lead with purpose, not pressure

These are clues. They point to your Power Zone, where momentum flows and leadership feels good again.

Next: Your Strengths Activation Map.

Your Strengths Activation Map

Your journey begins with your unique CliftonStrengths® profile, emphasizing deep transformation over surface-level fixes. Understanding your strengths is essential for effective leadership and the foundation for building a business or team where everyone thrives.

This is a fun and energizing journey that flips the script on traditional approaches by focusing on what's right with you—your zone of genius—and how to lead from it while managing the areas that aren't.

Identify what's off → Unlock your edge →
Create your aligned path forward.



Power Zone
Awareness



Observing where your energy is
leading and what's draining your fire.



Inner Clarity



What desires and dynamics energize
(or drain) your strengths



Aligned Action



One move you can make today to get
back in sync and lead with impact.

Next: Lead from your Power Zone.

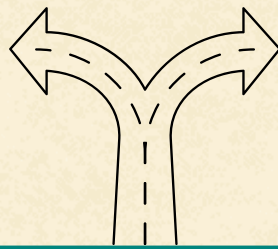
Your Next Step

Lead from your Power Zone.

You don't need a full reinvention.
You need a reconnection with how you're wired to lead.

- When you realign with your strengths:
- You stop chasing clarity and start leading with it
- You move with momentum, not burnout
- You feel like you again, and your team feels it too

Whether you're a sales leader navigating growth or an entrepreneur juggling everything, this is your call to reset, realign, and reignite.



Keep the Shift Going

◆ **Strengths Power Session** (90-Minute Coaching)
Private, personalized strategy to rewire your leadership fast

For more in-depth support, visit the '**Work with Me**'
page and book a call.

In your Power Zone, results multiply.

Aligned leadership isn't just a concept
—it's your edge



Your Leadership Catalyst Pia

I'm Pia, a Leadership Catalyst with over 35 years of experience helping leaders and entrepreneurs succeed. I specialize in guiding you to clarity by reconnecting you with your Power Zone; where strengths, purpose, and momentum align.

I've worked inside global sales organizations, often as the go-to for leaders navigating growth or complexity. My early career was focused on bringing structure and focus to fast-paced teams and projects. I also played a key role in launching a new subsidiary from the ground up, leading efforts in marketing, sales support, and beyond.

In between long-term roles, I've supported small businesses and solopreneurs, aligning their vision with strategy and action. As a Gallup-certified Strengths Coach, I help clients lead from their natural talents, supported by holistic certifications in business, life, energy, and money.

I'm here to help you lead with clarity, energize your team, and reignite your spark. Expect bold questions, practical shifts, and a little fun along the way.

Visit piajansson.com to start your next chapter.